
The Impact of Your Donation

\$2 per pay, or \$52 per year:

- ⇒ Pays for a hot meal to 5 children in a youth centre;
- ⇒ Pays for 52 hot meals to the vulnerable population;
- ⇒ Pays for the cost of a teenager's initiation to snowboarding;
- ⇒ Pays for about ten lunches in schools for children in need.

\$5 per pay, or \$120 per year:

- ⇒ Pays for eggs for more than 30 families;
- ⇒ Pays for a tour in schools to give prevention workshops on bullying, healthy relationships, lifestyle habits, social skills and substance abuse;
- ⇒ Pays for essentials, such as hygiene products, socks, and winter accessories;
- ⇒ Pays for the transportation of six elderly people to go to their medical appointments;
- ⇒ Pays for crafts material and snacks for children.

\$10 per pay, or \$260 per year:

- ⇒ Pays for one week of therapy for teenage victims of sexual abuse;
- ⇒ Pays for a day of activities, with a hot meal, for a group of 8 elders;
- ⇒ Pays for 7 weeks of camp for a child from a low-income family;
- ⇒ Pays for bread for 78 families;
- ⇒ Pays for a weekend of respite for a family in need;
- ⇒ Pays for a trip to the Salon du livre and books for teenagers.

\$20 per pay, or \$520 per year:

- ⇒ Pays for 4 Christmas food baskets for 4 families in need;
- ⇒ Pays for the cost of adequate premises for those in need with access to telephones and a computer connected to the Internet to carry out procedures;
- ⇒ Pays for a teacher for art workshops and related materials for the attending families and children;
- ⇒ Pays for an outing during summer camp for 30 children and youths;
- ⇒ Pays for the lunch of six schoolers every day at school;
- ⇒ Pays for 4 basic appliances: fridge, stove, washer, and dryer, for a family;
- ⇒ Pays for food and hygiene products for 25 people;
- ⇒ Pays for the transportation of elderly people to attend friendship meetings and break from isolation.