



Centraide
Outaouais

Showing our local love in the Pontiac, **TO END SOCIAL ISOLATION**

LAST YEAR, THANKS TO CENTRAIDE OUTAOUAIS AND ITS AFFILIATED AGENCIES

331 seniors socialized with their peers during activities such as conferences, coffee meetings and crafts and cooking workshops cooking, among others.

108 people with a physical or intellectual disability participated in work placements or day centre activities.

360 volunteers were involved with Centraide-supported organizations in the Pontiac RCM offering 9,500 work hours in the community.

centraideoutaouais.com