



Centraide
Outaouais

IN OUTAOUAIS, WE'RE ALL UNITED

TO FIGHT POVERTY

CENTRAIDEOUTAOUAIS.COM



A GLOBAL IMPACT 4 FIELDS OF ACTION



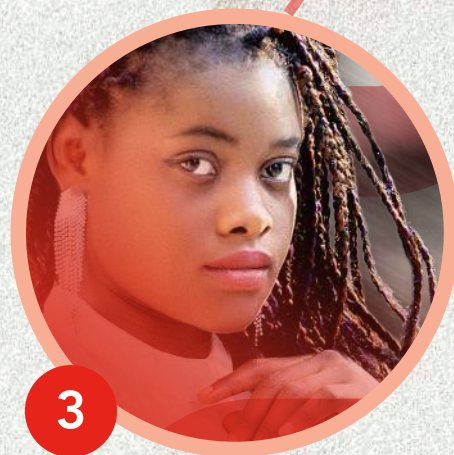
1

PROVIDING THE BASICS



2

**SUPPORTING YOUTH
SUCCESS**



3

**BUILDING CARING
COMMUNITIES**



4

BREAKING SOCIAL ISOLATION

COMMUNITY PROFILE

Last year, **89 000 individuals** received help thanks to your donations!

31459 youths took part in a wide range of **programs**, including extracurricular activities, homework clubs, and cooking workshops, from agencies funded by Centraide Outaouais.

647 seniors received **escort and transport services** to attend medical appointments or do groceries.

\$5 PER PAY OR \$130 PER YEAR

Allows direct school delivery of around twenty dinners to students who need them.

\$10 PER PAY OR \$260 PER YEAR

Pays for a respite weekend for a family with a child living with an intellectual disability or an autism disorder.



**86 AGENCIES AND
3 PROGRAMS
SUPPORTING
VULNERABLE
PEOPLE**

GROWING UP IN POVERTY

IN THE
OUTAOUAIS

1 OUT OF 4 CHILDREN



GROWS UP IN
**A LOW-INCOME
FAMILY**

THESE CHILDREN

Have a
life expectancy
7 years
shorter than average

Suffer from greater
food insecurity



Are **2.5 times**
more likely to drop out
of high school.



WHAT THIS MEANS



AT 3

They
know about

**600
FEWER
WORDS**

than children
from well-off families.



AT 5

They may lack the skills to



Understand
a specific
instruction



Express
themselves
clearly



Tie their
shoes

BY **ACTING EARLY** AND GIVING FAMILIES THE RIGHT TOOLS
WE CAN BREAK THE **CYCLE OF POVERTY**.

This is why Centraide Outaouais support 52 agencies
whose mission it is to help families and young people.



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Outaouais