

YOUR DONATION HAS REAL IMPACT ON PEOPLE'S LIVES

The Paquin-Guérin family was able to get back on track after a job loss. They received concrete help through...



A free week of day camp for their daughter.

5\$
per pay

10\$
per pay

Food aid when money fell short to feed the family.

Repairs to their two kids' bicycles by a community organization.

20\$
per pay



Centraide
Outaouais



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Eliza was able
to complete
her studies
thanks to...



A day-care centre where she could
leave her son while she went to class.

5\$
per pay

10\$
per pay

Food assistance suited to her
allergies.

Five weeks of camp for her son, which
enabled her to hold a summer job
while attending school.

20\$
per pay



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Oliver and Jean
are seniors
whose busy
lifestyle is
supported by...



A service that takes them to their
medical appointments.

5\$
per pay

10\$
per pay

Fields days with adapted
equipment at their local seniors'
centre.

A tax clinic with resources to help
them fill out their tax returns.

20\$
per pay



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Paul managed to
escape homelessness
with the help of
community
organizations that
gave him...



A winter coat and boots when he
was homeless.

5\$
per pay

10\$
per pay

A first basket of groceries when he
moved into community housing.

Access to a room with telephones
and computers for job searching.

20\$
per pay



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